

## Behind the Steering Wheel

Dear Goenkars,

It's been a roller coaster three months since our last quarterly issue of the Goenkar reached you. We are just catching our breath! As much as we would have liked you to receive the December issue in the first week of December itself, we thought we would incorporate the last two events as well & get this to you just a week before the Christmas season, so you can kick back & relax with Christmas cake & a glass of wine while you peruse through this issue! We also wanted the next issue to be devoted only to the Carnival Extravaganza 2020!!

Our incredible Evergreens had their event on Sunday the 15th Sept 2019 at the Raintree Catholic Club. The decor was spectacular to keep with the Theme "Around the World" and the whole area was an airport set up complete with check in counters, Passports & Visas, Baggage claim counters, maps of the world, even a simulated runway & pretty air hostesses Idalina, Narita & Dianne to take requests & generally keep our Evergreens in high "spirits"! They had a blast!

From party to Prayer, we do it all! 13th Oct 2019 was the Ladainha at the St Joseph's Boys' High School. This year we had it at the beautifully lighted & decorated Grotto with the Ladainha in Latin and a few Konkani, Portuguese & English hymns thrown in. The Rosary procession was taken through the entrance of the school & culminated in front of the grotto. Though, the weather report threatened rain & while we were on tenterhooks, it didn't rain and we had a large turnout despite threats of rain.

The 'Boho Bash', a sundowner on the 17th Nov 19 at the Knowhere Bar & Grillhouse on Banaswadi Rd was a lovely evening for our youth; organised by the Youth Reps of Tanya Rosario, Romario D'Monte amply supported by our young Treasurer Denzil Pereira. We older folks entrusted them with the whole event, just guiding, supporting & staying on the fringes which in hindsight it turned out to be 'the' best way to go especially when you have responsible & great youth reps! They had a biggest ever youth party with 65 of them having a memorable time.

St Francis Xavier Feast (Goencho saib feast) Konkani Mass on 30th Nov 2019 was a solemn & grand



celebration with 7 priests in attendance, Fr. Joshua Furtado was the main celebrant & Fr Nicholas Dias gave a thought provoking homily. The choir was outstanding & even the little children sang beautifully! We moved from the chapel to a hall decorated with Christmas decor, Christmas trees and fairy lights. The Kids Christmas Tree Party with Santa was rolled out & for the first time 50 kids received a personalised gift from Santa Claus. They had a rollicking time. Nisha Lobo, our special guest told her story of courage & determination which was really inspiring. Nisha also gave out the Excellence Awards to 13 of our kids who had excelled in academics & had achieved success in many fields. The Band Cornerstone entertained us with some great music while we danced the night away.

The late Selena Nunes's book "Windsong" compiled by a group of friends was launched on 12th Dec 2019 at The Ballroom, Catholic Club with Aiona Goes as the moderator. It was a splendid hour of poetry, anecdotes & songs which brought tears to many eyes! This was followed by the launch of Sharmila Ribeiro's "Everyday Love", a table top book filled with beautiful pictures & illustrations moderated by Adele Britto. Both books were sold at discounted rates. We had a sprinkling of Goan culture also on display with the Corridinho & Kunbi dances, plum cake & coconut ice sponsored by Sunil (Selena's friend & confidant) & snacks, coffee /tea & juice in addition to sampling of the snacks prepared in the live demo by Sharmila. A lovely evening, indeed!

Festa do Carnaval is slated for 25th January 2020, at the Jayamahall Convention Centre & Lawns with the superlative A26 in attendance! It's going to be a sundowner with the preparations for the floats already in full swing by our Creative Team of ladies & since it's in the heart of the city, we look forward to seeing all of you there! You just don't want to miss it!

Amchi bhas, Konkani classes will start in Feb 2020. Details will be broadcast soon.

We extend our heartfelt condolences to the families who have lost their loved ones during this quarter. Esmie Fenandoe, Air Marshal Loreto Pestana Pereira (Retd), Edward (Eddie) Rodricks, Vice Admiral John C De Silva (Retd) & Tony

Mascarenhas passed away. May their souls rest in peace.

We hope all of you are receiving the KGA broadcasts from the KGA Secretary number. It's available in this issue, please save it.

From all of us in the Managing Committee, we wish you A Merry Christmas & A Happy New Year!

Deo borem korum

**Adele Britto**  
*President*

## **Amchi bhas, Konkani**

Basic Konkani language classes will be starting soon with special emphasis on SPOKEN KONKANI. The Classes will be held on the week ends at a convenient time. It's desirable to keep in touch with our mother tongue. The Classes will start in February 2020. Bosco Andrade is the Contact person who will be organising it from the MC. It will be in Cooke Town. Further details will be broadcast in January 2020.

We suggest, you don't miss this golden opportunity!

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## **OBITUARIES**

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**Esmie Fernandoe**, wife of late Egbert Neri Fernandoe passed away on 13th Oct 2019.

**Retd. Air Marshal Loreto Pereira**, husband of Pamela Pereira, father of David/ Melanie, Michael/ Melanie & Lester passed away on 13th November 2019.

**Edward Rodricks**, (fondly remembered as Eddie), husband of Debra, son of Marie, father to Marlene / Jason, Teddy & Christopher/ Diya and brother of Juliet Colaco & June Pai on 14th November 2019.

**Retd. Vice Admiral John C De Silva, PVSM AVSM**, husband of Meena, father of Julius and Maryanne, brother of KGA member Ida Smith passed away peacefully on 25th November 2019.

**Tony Mascarenhas**, father of KGA member Owen Mascarenhas, husband of Gladys & sons Kevin & Owen passed away on 25th November 2019.

**May their souls Rest in Peace.**

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# KARNATAKA GOAN ASSOCIATION

PRESENTS



## FESTA DO CARNAVAL 2020

WE ARE THE WORLD

ROCK THE NIGHT AWAY WITH GOA'S LEADING BAND A26

A GOAN EXTRAVAGANZA OF FUN FROLIC DANCING,  
FOOD & DRINK, KING MOMO & CARNIVAL FLOATS

### 25 JANUARY 2020

TIME: SUNDOWNER, 5 PM ONWARDS

VENUE: JAYAMAHAL PALACE CONVENTION HALL & LAWNS,  
JAYAMAHAL, BANGALORE

RS. 350 KGA / KCA / CC MEMBERS

RS. 500 GUESTS | RS. 100 CHILDREN 5YRS TO 12 YRS | RS. 150 TABLE COST

ADELE  
9980427035

SAMANTHA  
9880646301

DENZIL  
9739225726

## Around the world with the Evergreens

Keith Rosario

Evergreens are the vibrant seniors of KGA who have been around "forever"! They are known for being young at heart and ever ready to join in any festivity involving, fun and games, good food and drink and, of course, music. This is exactly what "Around the World" turned out to be.

On Sunday 15th September the (appropriately named) Raintree at Catholic Club hosted 70 Evergreens of the KGA to celebrate another year of friendship and love. Such gatherings are very important to further the spirit of camaraderie that is such an integral part of the Goan psyche.



This year's theme was "Around the World" and the whole place was set up like an airport complete with hostesses, check in counters, baggage claim counter and, of course, drinks and good food. Tables had blue water vases with maps of various continents and pillars were posted with airport signs and international clocks. Kudos to the Managing Committee for the painstaking and imaginative work in decorating the hall and planning the details of the event. Luciana also very ably emceed the event, which was full of games, competitions and a lot of fun.

She was assisted by the lovely and beautifully turned out hostesses, Idalina, Narita and Dianne.

Evergreen "passengers" were checked in and the proceedings commenced with an opening prayer by Fr. Adolph Washington, followed by cutting of the celebratory cake by the senior-most members Louisa Rodrigues, Sally Muddebihal and Philomena Pereira. Special thanks to Mr. & Mrs. Babu for donating the delicious chocolate cake. Members were handed passports for a very entertaining quiz, "Around the World" which was won by Deepika Fernandez

The Evergreens demonstrated that they were "Oldies but true Goldies" by such active participation in the fun and games. The Around the World fashion show was just one example. Couples and singles enthusiastically walked the ramp dressed in ethnic wear from around the world. Special mention must be made of Alfie Santamaria who came 'kilted up' as a Scotsman complete with tartan kilt, jacket, stockings, cap and accessories, which inevitable raised the question, "Kilt ke neeche kya hai?" Fortunately, no one insisted on finding out! He truly deserved the 1st prize for the singles.

The oldest member our own Louisa Rodrigues, looking really regal decked out as Queen Elizabeth took away a special prize. Oscar and Doreen, were awarded the couples prize as a Burmese couple. Marie Martin made the most "Indecent Proposal" for which she won the award.

An enthusiastic round of Anthakshari, won by the teams of Joan De Nazareth and Oscar Menezes, was followed by housie called out by Marcus in his irrepressible style. A delicious and very satisfying buffet lunch rounded off the proceedings. Luciana very generously sponsored the colorful "Around the World" takeaway table mats- thanks Lucy for all the trouble you took!

Adele Britto, Lucy and the KGA committee did themselves proud to make it a most enjoyable and memorable Evergreens event.



## Ladainha

*Peter & Jennifer Lopes*

Our very own family of Goans at Bangalore joyously recalled the feast of Our Lady of Fatima, so traditionally celebrated in Goa, on Sunday 13th October 2019, at St Joseph's Boys School. The holy Rosary procession accompanied by a chorus of singers reciting the Litany was both lively and pious. The savoury eats served thereafter added to the festive celebrations.

One must of course acknowledge the driving force for these celebrations, our very own dynamic President of the Karnataka Goan Association, Adele Britto.

It is indeed remarkable, that a group of Goans in Bangalore, small though we are, can get together so regularly and cohesively to keep alive & maintain traditions such as the Ladainha.

For those of us not entirely familiar with the rituals and festivals of Goa, 'Ladin' or 'Ladainha' translates to 'the Litany of the Virgin Mary, & is widely celebrated by Christians in Goa. It is a religious function of thanksgiving to God for material and spiritual benefits that have accrued or are sought for, by the persons sponsoring the Ladin.

Preparations for Ladin would begin with the purchase of grams, wine, candles, coloured tinsel paper in the local market. The family altar is bedecked with flowers, creepers, & crotons laid out in vases. The gram soaked in water since morning is then put on the fire to be boiled and coconut chips are sliced to be mixed with the boiled grams. The Ladin consists of a litany sung by every one present, to the accompaniment of the violin, singing of hymns and prayers.

The village choirmaster or a local violinist conducts the show involved in the singing of the litany. An altar is built specially and laden with flowers and all kinds of greenery, while believers sing hymns and say prayers together, expressing gratitude for God's grace on Earth.

We owe it to the KGA and must welcome any effort to keep alive our traditional Goan heritage. Cheers and more such get-together's by the KGA.

## Ladainha & Holy Rosary

*Poem by Monica Robinson*

A Ladainha is a litany, a series of chants and prayer, to our dear Mother Mary, so beautiful and fair...a Portuguese tradition, brought to India long ago, which is something that all of us might or might not know...

The 13th of October each year, is an important date, as Our Lady of Fatima's miracle, we celebrate...

This year was no different, but different it was...if you have a spare moment, we'll tell you because...

A beautiful Grotto was enhanced even more, it was a resplendent sight as we entered the door...

A Rosary procession with candles in hand, beautiful soulful hymns that needed no band, the wee ones joined in all prayerful and true, I'm so glad I was there and I'm sure you are too...

Flowers and candles, diyas shining bright, to praise our dear Mother, everything was just right...

Fellowship followed, Goan snacks served with love, surely a sign of blessings from above...



## Boho Bash

*Joanne Louzado (Youth Member)*

As a chilled out sequel to last year's Prom Night, the KGA youth brought a piece of their Goa to this year's Boho Bash.

The KGA Youth Division organised their annual get together at Knowhere Bar & Grill on Banaswadi Main Road. Easily accessible to many, people started arriving from 1600 onwards to bring in the sunset. The Bohemian theme saw everyone dressed in a collection of summery clothes; adorned in glow in the dark bracelets and looking all casual and stunning.

Along with the backdrop of the Bangalore sunset, they ate, drank and jived the night away to the tunes of one of our own youth, DJ Calvin and our very best Konkani Mandos. Prizes sponsored by Case de Goa and Knowhere Bar & Grill for the Best dressed Guy, Gal and Couple were also awarded during dinner time.

A big thank you to the organizers for choosing a great theme and creating this chance to connect with new friends and old.

### **A guest review**

*Jerry Allen (Guest)*

Being a first time participant at an event conducted by the Karnataka Goan Association, I can very rightly say that I was overwhelmed by the event 'Boho Bash' that took place on the 17th of November, 2019.

The event was well set-up at the Restobar 'Knowhere'. The ambience was just right and the music had the right dynamics - starting with slow light music and moving on to upbeat music as time progressed. The glow bands were a really nice touch and the venue was well decorated with just the right amount of props. The food and the drinks were great. The hosts, especially Tanya, were very friendly. The photographer and one of the hosts - Romario, was very accommodating and didn't frown even once when we asked him to take multiple photos of us.

I can very well say that me and my friends had a lovely fun-filled night at Boho Bash. Kudos to the organizing committee! I really wish I can be part of many more similar events conducted by the KGA.



*It was an amazing party.*

*Congratulations to the youth reps and Denzil as well.  
Good stuff!*

**Jonathan Braganca**

*Hey amazing show guys!!*

*Thanks youth reps Romario, Tanya and Denzil too.  
We enjoyed ourselves.*

**Idalina Smith**

*The venue was beautifully decorated with amazing food and music.*

*Overall we had an amazing time and hope to attend more such events hosted by KGA in the future.*

**Monica David (Guest)**

# Feast of St Francis Xavier

Clayce D'Silva



As is customary we began the feast celebrations at the chapel hall with a mass celebrated by Father Joshua Furtado and the concelebrants. The choir along with the kids of our families gave us a very soulful and spiritual signing of the hymns.

Fr. Joshua in his sermon took us back to the days of when St. Francis had come to India and how he laid the foundation of our faith. To which we as Goans are very proud till this day.

After the mass we all moved onto the party hall for the Christmas dance and dinner celebrations. The hall was set with the Christmas spirit, and going by the looks of the lack of tables to accommodate all who were present I must say we had a very good crowd for the evening.

Before Santa came in the tiny tots of KGA danced and played a game to the catchy music of the band "Cornerstone". Santa and his helpers made a grand entry and got all the kids dancing with joy. Santa increased the joy of the kids by giving them Christmas presents.

Our special guest for the evening Nisha Lobo spoke to us about her life and the grit and determination she needed to live it. It was truly inspiring to see a young girl like her take life so positively despite all the difficulties and roadblocks she had to face at every step of her life. She told us that no matter how you think you are, we can always make a difference to someone.

The excellence awards of a certificate and cash rewards to our meritorious students of the passing year 2018-2019, were given by Nisha Lobo. It was very heartening to see that we have children among our families who are scoring as high as 96% and doing so well in the field of academics.

And let's not forget the food that reminded us of our grass roots, like the kadio-bodios, sausages in a pao, fenny, bibinca, etc.

The band for the evening, "Cornerstone" played some real groovy numbers and got all folks young and old on their feet dancing to their tunes. The music continued till the wee hours of the evening and was culminated with our usual Mando numbers which got everyone on the floor shaking it out till they broke a sweat. Another year gone by and it was a lovely evening to have spent together with all the families. It would not have been possible without the hard work and dedication of the KGA committee and all those who volunteered to make this day a success. Thanks to all who helped make this day an enjoyable and memorable one and looking forward to, many more celebrations like these.

## Carol Singing

It is that time of the year again - "Christmas"

This year the KGA Youth went caroling to the homes of our Evergreens to spread the Christmas spirit.

We covered a wide range of homes in areas spanning from Domlur to Richmond Road and sang carols in their beautiful houses. We ended each visit by giving them a hamper filled with yummy Christmas sweets.

Overall it was really heart-warming to see the joy on the senior citizens' faces.

Like every year we went to the different homes in an open van singing on the way which made it all the more fun.



We were also lucky to have News9 with us, covering a few houses and spreading the spirit to Bangaloreans.

**Idalina Smith**

*I look forward to the Christmas caroling every year because its so much fun! We visit the homes in the North of many senior citizens, sing for them and give them a hamper of Christmas goodies. They are very happy to see us and they hug and kiss us. Some of the boys do funny versions of some carols and everyone has a good laugh! This year we ended the caroling with dinner at Sunny Side Up which was the most fun ever! Till next year...*

**Nina Goes**

*My MIL was thrilled. Thank all the youth for coming home, all of us were really touched.*

*Merry Christmas to all of you.*

**Wilma Pereira**

*Thanks KGA for coming over and singing carols! My dad surely enjoyed it! Love the enthusiasm*

**Ally**



## Book Launches

*Sergio Rosario*

Book launches are for nerds?! No way!! Not at the KGA book launches on the 12th Dec 2019 at Catholic Club!!

Selena's book "Windsong" was launched with Aiona Goes as the moderator. It was a beautifully thought out & planned hour with chosen poems read by different people, interspersed with touching anecdotes of memories with Selena & even a beautiful song in her honour. There was many a tear but it wasn't with any regret; in-fact it was a celebration of her life. It was her birthday & plum cake & coconut ice made with her own recipes & sponsored by her close confidant & friend Sunil Samuel. Flower petals were placed near her photograph. We were happy to have Ricky Patel, the President of Catholic Club to launch her book. Our KGA youth Ayesha Pereira, Zuriel Coutinho, Gia Goes & Sergio Rosario danced the correndinho dressed in red & green keeping in mind the season & yes! everyone enjoyed it!



This launch was followed by Sharmila Ribeiro's "Everyday Love" moderated by Adele Britto. It was enlightening & interesting as Sharmila shared many practical & everyday tips on how to eat

better, stay healthy & live happy! A superb interactive session followed with Sharmila sharing her wealth of knowledge on the topic. Elena & Kenneth Smith, Betty & Bosco Andrade wowed the audience dancing the Kunbi to Remo's Amchi Bhaas Konkani.



Sharmila set up her live demo station where she quickly put together hummus with crackers & bruchetta with baby spinach & tomato; healthy snacks which were tasty too & the fact that tho' an array of snacks with hot coffee & tea & fruit juice were available, her table was cleaned out too!! The entire event was streamed live on fb & those who couldn't make it to the venue, were able to join in thanks to our dynamic Secretary Samantha Pasha!

We thank Rene Baretto from the Global Goans who connected us to Sharmila Ribeiro as another fantastic event of this year's KGA came to an end.



# Recipes

Shared by Sharmila Riberio from her book - Everyday Love

Who said Christmas food is only full of sugar and spice? Well here is something equally nice, that just compliments the festive season – filled with colours of red, green and golden.

## SPINACH AND TOMATO BRUSCHETTA

### Ingredients

- 1 cup – Washed, dried and finely chopped spinach leaves
- 1 + 1 Tbsp – Extra virgin olive oil, the second tablespoon needs to be used for brushing the bread
- 1 Cup – De-seeded and finely chopped tomatoes
- 1 Baguette (French Loaf) or 8 slices of bread
- ½ cup hung curd\*, lightly salted
- Salt and freshly ground Pepper to taste
- Red Chilli Flakes – optional

### Method:

1. Marinate the spinach in 1 tablespoon of olive oil for at least one hour. Season with salt and freshly ground pepper, after marinating.
2. Marinate the tomatoes and pepper (not salt) and a table spoon of olive oil, for at least one hour, Add some red chilli flakes, if you wish.
3. Cut the baguette at a sharp angle into 16 thin slices or cut the slices of bread into rectangular halves.
4. Lightly toast the bread in an oven, toaster or pan.
5. To assemble the bruschetta, first brush the toast with olive oil, then put a layer of spinach, then the tomatoes and finally a dollop of the hung curd. Serve fresh.

*\* Hung Curd - is nothing but yogurt drained of all its water. It can be made very easily at home. Tie some curd in a muslin cloth and leave it hanging for at least 3-4 hours or till all the water drains out. After this time period, pressure is applied to the bundle to squeeze out all the water and the hung curd is ready.*



# Recipes

Shared by Sharmila Riberio from her book - *Everyday Love*

**HUMMUS** (makes 2 / 12 cups)

## Ingredients

- 1 cup dry Kabuli chana (chickpeas) or 3 cups cooked chana
- ½ cup water, reserved from cooking chana
- 3 tablespoons (30g) very lightly toasted til (sesame seeds) or readymade tahini sauce
- 3 large cloves garlic, minced
- 2 tablespoons lime juice
- 3 tablespoons extra virgin olive oil, plus more for serving
- 1 teaspoon salt, or to taste
- Garnish with one or two spices of your choice – black pepper, Kashmiri red chilli powder, paprika, roasted jeera (cumin) powder, oregano or za'atar or piri piri seasoning.

## Method

1. Soak the dry chana in water for 6-8 hours or overnight. Pressure cook with water and a little salt for 30 minutes or until really soft. When still warm, drain the chana, reserving ½ cup of the cooking water.

2. Toast the sesame seeds very lightly in a pan and blend to a paste in a dry/spice grinder. You could also make a larger quantity with 100g sesame seeds. Use what you need and store the balance in the fridge, mixed with 3 tablespoons of olive oil.

3. Using an electric hand blender or in a mixer, grind the chana to a really smooth purée, adding the cooking liquid. Put in the sesame paste/tahini sauce, minced garlic, lime juice and olive oil and continue to blend. Add salt. If it doesn't yet have a spreading consistency, add a little more water or olive oil.

4. Top with one or two spices at this stage, or at the time of serving.



## Handy Hints:

- ✦ Store hummus in an airtight container in the fridge for up to a week or in the freezer for a month.
- ✦ I usually make a batch this size and freeze half for use the following week in the kids' lunch boxes, for an after-school snack, or when I have unexpected guests.

## How to serve hummus

- ✦ Serve with toast/pita bread/French bread/crackers/cream cracker biscuits and vegetable sticks (carrot, cucumber, red and yellow capsicum/peppers).
- ✦ Spread in a sandwich or pita pocket along with grated carrot, olives and/or salad vegetables.
- ✦ Serve as a dip, garnished with spices and some extra virgin olive oil on the top. My kids often take a box of hummus with carrots and cucumber sticks as a school snack. Their current favourite garnish is piri-piri seasoning.
- ✦ For a party, pour a generous layer of extra virgin olive oil and garnish with lots of thinly sliced olives.
- ✦ You can create delicious, even healthier variations by adding puréed vegetables to the hummus such as roasted beetroot, roasted red capsicum/pepper, roasted garlic, sun dried tomatoes etc.

## THEY CAME. THEY SAW. THEY LOVED IT!

### Evergreens

*Just to put on record the wonderful show organised for the Evergreens. Congratulations to Adele and the team for looking into every detail and made it an entertaining morning. May I say on behalf of Doreen and myself, 'You made me feel so young'. Thanks again*

**Oscar Menezes**

*Thank you Adele for a really nice morning. You and your team put in so much of work and took such trouble to make it a fun morning. Cheers*

**Lorraine Fernandez**

*Just received the link with photos of the Evergreens event! Calling all the Evergreens to give our committee and the young volunteers a huge applause for all the hard work and love that went into making it such a wonderful experience for all of us! Thank you! Love you guys*

**Arun D'Silva**

*Thank you for the pictures and for making it such a wonderful day! We thoroughly enjoyed ourselves! I'm going to enjoy my prize thoroughly. My thanks to the entire KGA committee.*

**Marie Martin**

### Ladainha

*Thanks to the MC team for a lovely Ladainha! I look forward to this event every year! Great turnout and yum snacks! The grotto looked awesome! And the lights too*

**Aiona Mesquetta**

*Excellent Beautiful marvellous...Ladainha*

**Monica**

*Just wanted to praise and thank your team for the most wonderful Ladainha that was celebrated, it really glorified our dear Mother Mary in a respectful and devout manner. Many thanks! God bless.*

**Jennifer**

### St. Francis Xavier's Feast

*Congrats and thanks again Adele. We all had a great time. Putting in Nisha's story was a great thought. It was really inspiring*

**Fr. Joshua Furtado**

*(Main Celebrant of the Feast Mass)*

*Adele, thank you and your team for a wonderful evening everything you did was to perfection God bless love and hugs*

**Marcus**

*She loved her gift... She said, 'I wonder how they knew what I would like'...!*

**Dr. Aloma Lobo**

*(Nisha's mother)*

*CONGRATULATIONS Adele to you and your competent MC team for the well organised SFX Mass - great choir! The function was enjoyed by all, I'm sure- good idea having Nisha to give awards, and the decor was beautifully done!!!!*

**Linette Franco**

### Book Launches

*The book launches by the KGA on 12th Dec'19 at Catholic Club was attended by me for the very 1st time. I was really impressed with the way the whole event was organized. It was done so well and in a professional way.*

*The presentation of both the authors and their books was excellent.*

*I was touched with the life of Selena and it reminds me of my own. The struggles she went through and the challenges she faced was very motivating and inspiring.*

*The recipes of Sharmilla made me feel glad because I love cooking and I have been trying out some of them in a similar way, especially the crystal salt part.*

*Hats off to the KGA for arranging the mouth watering snacks. Sharmilla's live demo was too good and getting to taste it immediately was a treat to many.*

*The Cultural dances of the Portuguese Corridinho and the Kunbi dance was superb. It was a mini concert with fancy snacks and valuable books.*

*I left that evening feeling very good and pleased.*

*Viva!*

**Marina Andrade**



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